



The Alliance fulfills a unique role in King County. As a Center for Independent Living, it supports and facilitates equal access for people with disabilities to fully integrate into all aspects of the community.

Since 1977, our organization has advocated with, and provided services for, people with all types of disabilities. Our staff provides customized services designed to meet the self-identified goals of each individual.

Most of our staff are people with disabilities, giving us the perspective and experience needed to provide effective peer support and mentoring.

Alliance services can be categorized into four areas:

1. **Information and Referral:** Our friendly, professional, and caring staff can help you locate and access resources to complete your goals.
2. **Independent Living Skills Training:** We can help you perfect the life skills you need to live as independently as you wish.
3. **Peer Support:** Peer groups meet regularly and are a great way to gain skills and to share resources, experience, and support.
4. **Advocacy:** Staff advocates with the community for changes in policies and practices to ensure the civil rights of people with disabilities. We can help perfect the skills you need to gain the services you need in a direct and forthright manner, and when dealing with a big company or corporation, we'll help ensure you don't get lost in the crowd.

### **Contact Information**

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Available in alternate formats and languages upon request.